

For Michigan **SOCIAL WORKERS**, the Institute for Natural Resources is an approved provider with the Michigan Social Work Continuing Education Collaborative. Approved Provider Number: MICEC 021618.

<b>Title</b>	<b>Hours</b>	<b>Exp. Date/Status</b>
<b>Achieving Remission in Depression</b>	<b>3</b>	<b>Approved</b>
<b>Addiction: Alternatives to Abstinence</b>	<b>3</b>	<b>Approved</b>
<b>Alzheimer's: Prevention of the Disease</b>	<b>3</b>	<b>Approved</b>
<b>Anti-Anxiety Drugs</b>	<b>3</b>	<b>Approved</b>
<b>Autism</b>	<b>3</b>	<b>Approved</b>
<b>Brain &amp; Stress: PTSD &amp; Adjustment Disorder</b>	<b>3</b>	<b>Approved</b>
<b>Brain Food: the Role of Nutrients in Cognitive Function</b>	<b>3</b>	<b>Approved</b>
<b>Caring for Patients with Alzheimer's</b>	<b>3</b>	<b>Approved</b>
<b>Caring for the Caregiver</b>	<b>3</b>	<b>Approved</b>
<b>Chronic Pain Disorders and Treatment</b>	<b>3</b>	<b>Approved</b>
<b>Cognitive Behavioral Therapy</b>	<b>3</b>	<b>Approved</b>
<b>Eating Disorders</b>	<b>3</b>	<b>Approved</b>
<b>Eating Right at Midlife and Beyond</b>	<b>3</b>	<b>Approved</b>
<b>Emotional &amp; Social Intelligence</b>	<b>3</b>	<b>Approved</b>
<b>Emotions, Mood, &amp; Pain</b>	<b>3</b>	<b>Approved</b>
<b>Fibromyalgia</b>	<b>3</b>	<b>Approved</b>
<b>Gluten &amp; The Brain</b>	<b>3</b>	<b>Approved</b>
<b>Hospice &amp; Palliative Care</b>	<b>3</b>	<b>Approved</b>
<b>Humor &amp; Healing</b>	<b>3</b>	<b>Approved</b>
<b>Keeping Balance &amp; Preventing Falls</b>	<b>2</b>	<b>Approved</b>
<b>Knee Pain</b>	<b>3</b>	<b>Approved</b>
<b>Leg and Foot Pain</b>	<b>3</b>	<b>Approved</b>
<b>Loss of Control</b>	<b>3</b>	<b>Approved</b>
<b>Major Depression and Bipolar Disorders</b>	<b>3</b>	<b>Approved</b>
<b>Memory Loss &amp; Forgetfulness</b>	<b>3</b>	<b>Approved</b>
<b>Neurotransmitters</b>	<b>3</b>	<b>Approved</b>
<b>Osteoporosis</b>	<b>3</b>	<b>Approved</b>
<b>Poles Apart: Unipolar and Bipolar Disorders</b>	<b>3</b>	<b>Approved</b>
<b>Reducing Stress</b>	<b>3</b>	<b>Approved</b>
<b>Stimulants</b>	<b>3</b>	<b>Approved</b>
<b>Stop Losing Sleep</b>	<b>3</b>	<b>Approved</b>
<b>The Healing Power of Sleep</b>	<b>5</b>	<b>Approved</b>
<b>Types of Pain and Pain Pathways</b>	<b>2</b>	<b>Approved</b>
<b>Understanding Anger</b>	<b>3</b>	<b>Approved</b>
<b>Understanding Anxiety</b>	<b>3</b>	<b>Approved</b>
<b>Understanding Emotions</b>	<b>3</b>	<b>Approved</b>
<b>Vitamins, Minerals &amp; Supplements: What Does the Body Need</b>	<b>3</b>	<b>Approved</b>
<b>Women's Health: Chronic Pain</b>	<b>3</b>	<b>Approved</b>
<b>Women's Health: Depression</b>	<b>3</b>	<b>Approved</b>