

NAB Home Study Approvals

<u>Profession</u>	<u>Approved?</u>	<u>Approved By</u>
Nursing Home Administrators (Long Term Care Administrators)	Yes – Please see note below	NAB (National Association of Boards of Examiners of Long Term Care Administrators)

The following approvals are for Nursing Home Administrators only:

Title	Hours	Approval No
Addiction: Alternatives to Abstinence	1	20180910-1-A37289-DL
ARTHRITIS, DIET & EXERCISE	1	20190504-1-A44819-DL
Autism 3 rd Edition	3	20181231-3-A44594-DL
Brain Food	3	20190228-3-A44721-DL
Caring for Patients with Alzheimer's and Other Dementias	3	20190228-3-A44606-DL
Chronic Pain Disorders & Treatments	3	20180910-3-A37292-DL
EATING DISORDERS	3	20180930-1-A44279-DL
Eating For Peak Performance	3	20190107-3-A40362-DL
EATING RIGHT AT MIDLIFE & BEYOND	3	20190304-3-A44283-DL
Emotional & Social Intelligence	3	20190530-3-A45206-DL
EMOTIONS, MOODS & PAIN	3	20190228-3-A44715-DL
Fibromyalgia	3	20190529-3-A45189-DL
GLUTEN AND THE BRAIN	3	20190510-3-A44926-DL
HAIR AND NAILS	3	20181005-3.00-A44086-DL
Hospice and Palliative Care	3	20190228-3-A44591-DL
HUMOR AND HEALING	3	20190509-3-A44929-DL
Keeping Balance & Preventing Falls	3	20190303-3-A44216-DL
Knee Pain	3	20180910-3-A37293-DL
Leg & Foot Pain	2.25	20180820-2.25-A36715-DL
LIVING TO BE 100	4	20190228-4-A44165-DL
Loss of Control, Fighting Back with Full Strength	3	20181012-3-A44080-DL 20190430-3-A44080-DL
Low Back Pain	3	20180910-3-A37294-DL
Major Depression & Bipolar Disorder (EFFEC. 4/16/2018)	4	20190415-4-A30751-DL
Malpractice	3	20190228-3-A44770-DL
Medical Ethics	3	20190228-3-A44769-DL
MEDITERRANEAN DIET	3	20181231-3-A44225-DL
MEMORY & AMNESIA: HOW MEMORY WORKS...	4	20181231-4-A44277-DL
MEMORY, FORGETFULNESS & THE BRAIN --DVD	6	20181231-6-A44278-DL
MUSIC AND THE BRAIN	3	20181231-3-A44224-DL
Neck and Shoulder Pain	3	20180910-3-A37295-DL
NEUROTRANSMITTERS	3	20181231-3-A44218-DL
NON-TRADITIONAL APPROACHES	3	20190228-3-A44625-DL
Osteoporosis	3	20190110-3-A40375-DL
PARADISE REGAINED: ACHIEVING REMISSION IN DEPRESSION	3	20190510-3-A44945-DL

POLES APART: UNIPOLAR VS. BIPOLAR DEPRESSION	3	20181231-3-A44219-DL
POSITIVE PSYCHOLOGY	3	20190528-3-A45147-DL
PROBIOTICS: THE GOOD BACTERIA	3	20181231-3-A44575-DL
PSYCHOLOGY OF BULLYING	3	20180911-3-A44574-DL
Psychology of Relationships	4	20190430-4-A44078-DL
REDUCING STRESS	3	20190509-3-A44927-DL
SOCIAL ANXIETY	3	20190228-3-A44162-DL
STIMULANTS	3	20190125-3-A44220-DL
STOP LOSING SLEEP	3	20190228-3-A44624-DL
Stress & Depression	3	20190429-3-A44001-DL
STROKE	3	20181231-3-A44226-DL
Successful Aging	4	20190107-4-A40358-DL
SUGAR, SALT & FAT	4	20190527-4-A45122-DL
The Healing Power of Sleep	5.75	20190429-5.75-A44000-DL
The Hungry Brain	6	20190107-6-A40361-DL
THE INSULIN CONNECTION	3	20190528-3-A45125-DL
THE POWER OF WALKING	3	20190528-3-A45123-DL
TYPES OF PAIN AND PAIN PATHWAYS	1.75	20190228-1.75-A44771-DL
UNDERSTANDING ANGER	3	20190528-3-A45119-DL
UNDERSTANDING ANXIETY	3	20190228-3-A44595-DL
Understanding Dementia DVD	6.25	20180709-6.25-A35805-DL
UNDERSTANDING DIABETES DVD	6.75	20190429-6.75-A44217-DL
Understanding Emotions	3	20181203-3-A39761-DL
VITAMINS, MINERALS AND SUPPLEMENTS: WHAT DOES THE BODY NEED?	3	20190528-3-A45120-DL
Water, Thirst & Dehydration	3	20190228-3-A44634-DL
Weight Perfect	6	20190422-6-A43906-DL
When Someone You Love Has a Mental Illness	4	20190225-4-A41622-DL
WOMEN'S HEALTH: CHRONIC PAIN	3	20181231-3-A44284-DL
WOMEN'S HEALTH: DEPRESSION	3	20181231-3-A44285-DL
WOMEN'S HEALTH: INSOMNIA	3	20181231-3-A44587-DL
WOMEN'S HEALTH: MIGRAINES & HEADACHES	3	20181231-3-A44281-DL
WOMEN'S HEALTH: MENOPAUSE	3	20190510-3-A44946-DL
WOMEN'S HEALTH & PHYSICAL FITNESS	3	20190304-3-A44286-DL