

INR Courses Approved for Kentucky Physical Therapists/Physical Therapist Assistants:

Title	Hours	Approval Number
Addiction: Alternatives to Abstinence	3	CS21-2006-KPTA
ADHD in Adults	3	CS21-2006-KPTA
Alzheimer's: Prevention of the Disease & Other Dementias	3	CS21-2006-KPTA
Anti-Anxiety Drugs	3	CS21-2006-KPTA
Antioxidants: A Balancing Act with Free Radicals	3	CS21-2006-KPTA
Appetite Control & Suppression	3	CS21-2006-KPTA
Art Therapy	3	CS21-2006-KPTA
Arthritis & Rheumatic Diseases	3	CS21-2006-KPTA
Arthritis, Diet & Exercise	3	CS21-2006-KPTA
Asthma & Allergies	3	CS21-2006-KPTA
Autism & Other Pervasive Developmental Disorders	3	CS21-2006-KPTA
Brain & Stress	3	CS21-2006-KPTA
Brain Food: The Role of Nutrients in Memory & Cognitive Functions	3	CS21-2006-KPTA
Brain Tumors	3	CS21-2006-KPTA
Calcium, Iron & Zinc	3	CS21-2006-KPTA
Can You Type? Type 1 vs. Type 2 Diabetes	3	CS21-2006-KPTA
Cancer Prevention	3	CS21-2006-KPTA
Caring for Patients with Alzheimer's & Other Dementias	3	CS21-2006-KPTA
Caring for the Caregiver	3	CS21-2006-KPTA
Chronic Fatigue Syndrome	3	CS21-2006-KPTA
Chronic Pain Disorders & Treatment	3	CS21-2006-KPTA
Cognitive Behavior Therapy	3	CS21-2006-KPTA
Eating Disorders	3	CS21-2006-KPTA
Eating for Peak Performance	3	CS21-2006-KPTA
Emotional and Social Intelligence	3	CS21-2006-KPTA
Emotions, Mood & Pain	3	CS21-2006-KPTA
Fibromyalgia	3	CS21-2006-KPTA
Food Allergies	3	CS21-2006-KPTA
Food Cravings	3	CS21-2006-KPTA
HeadAches	3	CS21-2006-KPTA
Heart Health	3	CS21-2006-KPTA
Heartburn & Ulcers	3	CS21-2006-KPTA
Humor and Healing	3	CS21-2006-KPTA
Hypertension Update: Causes & Control	3	CS21-2006-KPTA
Inflammation: Causes, Prevention & Control	3	CS21-2006-KPTA
Irritable Bowel Syndrome	3	CS21-2006-KPTA
Keeping Balance & Preventing Falls	3	CS21-2006-KPTA
Knee Pain	3	CS21-2006-KPTA
Left & Right Handedness	3	CS21-2006-KPTA
Living to Be 100	4	CS21-2006-KPTA
Loss of Control	3	CS21-2006-KPTA

Low Back Pain	3	CS21-2006-KPTA
Lung Savers	3	CS21-2006-KPTA
Malpractice	3	CS21-2006-KPTA
Medical Ethics	3	CS21-2006-KPTA
Meditation	3	CS21-2006-KPTA
Mediterranean Diet: An Approach to Better Health	3	CS21-2006-KPTA
Memory & Amnesia	3	CS21-2006-KPTA
Memory Loss & Forgetfulness	3	CS21-2006-KPTA
Mild Brain Injury	3	CS21-2006-KPTA
Music and the Brain	3	CS21-2006-KPTA
Neck & Shoulder Pain	3	CS21-2006-KPTA
Neurotransmitters: The Bridges of the Brain	3	CS21-2006-KPTA
Non-Traditional Approaches	3	CS21-2006-KPTA
Nutrigenomics	3	CS21-2006-KPTA
Omega-3 Fatty Acids	3	CS21-2006-KPTA
On Loss & Grief	3	CS21-2006-KPTA
Organic Foods	3	CS21-2006-KPTA
Over the Counter Pain Medications	3	CS21-2006-KPTA
Paradise Regained: Achieving Remission in Depression	3	CS21-2006-KPTA
Parkinson's Disease & ALS	3	CS21-2006-KPTA
Pet Therapy	0	Denied
Poles Apart: Unipolar vs. Bipolar Depression	3	CS21-2006-KPTA
Positive Psychology	3	CS21-2006-KPTA
Psychotherapy & Emotional Healing	3	CS21-2006-KPTA
Reducing Stress	3	CS21-2006-KPTA
Skin Allergies, Skin Care & Wrinkles	3	CS21-2006-KPTA
Social Anxiety	3	CS21-2006-KPTA
Spirituality & Healing	3	CS21-2006-KPTA
Stem Cell Research	3	CS21-2006-KPTA
Stimulants	3	CS21-2006-KPTA
Stop Gaining Weight	6	CS21-2006-KPTA
Stop Losing Sleep	3	CS21-2006-KPTA
Stress and Burnout	3	CS21-2006-KPTA
Stress and Depression	3	CS21-2006-KPTA
Stroke	3	CS21-2006-KPTA
Successful Aging	4	CS21-2006-KPTA
Sugar, Salt & Fat	4	CS21-2006-KPTA
Taste and Smell	3	CS21-2006-KPTA
The Common Colds & Flu	3	CS21-2006-KPTA
The Creative Brain	3	CS21-2006-KPTA
The Healing Power of Sleep	5	CS21-2006-KPTA
The Hungry Brain	5	CS21-2006-KPTA
The Insulin Connection	3	CS21-2006-KPTA
The Mysteries of Coffee & Tea	3	CS21-2006-KPTA
The Pain Truth	3	CS21-2006-KPTA

The Power of Calcium	3	CS21-2006-KPTA
The Power of Walking	3	CS21-2006-KPTA
The Psychology of Aging	3	CS21-2006-KPTA
The Psychology of Relationships: Irritating the Ones You Love	4	CS21-2006-KPTA
Thyroid Disorders	3	CS21-2006-KPTA
Types of Pain and Pain Pathways	2	Category 2
Understanding Anger	3	CS21-2006-KPTA
Understanding Anxiety	3	CS21-2006-KPTA
Understanding Emotions	3	CS21-2006-KPTA
Vitamin C, E, & Folic Acid	3	CS21-2006-KPTA
Vitamin D: Vitamin, Hormone, & Protector	3	CS21-2006-KPTA
Water, Thirst & Dehydration	3	CS21-2006-KPTA
Weight Perfect	6	CS21-2006-KPTA
Women's Health & Physical Fitness	3	CS21-2006-KPTA
Women's Health: Chronic Pain	3	CS21-2006-KPTA
Women's Health: Depression	3	CS21-2006-KPTA
Women's Health: Insomnia	3	CS21-2006-KPTA
Women's Health: Menopause	3	CS21-2006-KPTA
Women's Health: Migraines & Headaches	3	CS21-2006-KPTA
Women's Health: Mood Swings	3	CS21-2006-KPTA