

**INR Arkansas PHYSICAL THERAPY Home-Study Approvals:**

Title	Hours	Approval Status
Addiction	3	Lifetime
ADHD	3	Lifetime
ADHD in Adults	3	Lifetime
Alternative & Behavioral Treatments	3	Lifetime
Alzheimer's	3	Lifetime
Anti-Anxiety Drugs	3	Lifetime
Antioxidants	3	Lifetime
Appetite Control & Suppression	3	Lifetime
Art Therapy	3	Lifetime
Arthritis & Rheumatic Diseases	3	Lifetime
Arthritis, Diet & Exercise	3	Lifetime
Asthma & Allergies	3	Lifetime
Autism	3	Lifetime
Autoimmune Disease	3	Lifetime
Brain Food	3	Lifetime
Brain & Stress	3	Lifetime
Brain Tumors	3	Lifetime
Calcium, Iron & Zinc	3	Lifetime
Can You Type?	3	Lifetime
Cancer Prevention	3	Lifetime
Caring for Patients with Alzheimer's & Other Dementias	3	Lifetime
Caring for the Caregiver	3	Lifetime
Chronic Fatigue Syndrome	3	Lifetime
Chronic Pain Disorders	3	Lifetime
Cognitive Behavior Therapy	3	Lifetime
Dyslexia in Adults	3	Lifetime
Eating Disorders	3	Lifetime
Eating for Peak Performance	3	Lifetime
Emotions, Mood, & Pain	3	Lifetime
Essential Vitamins	3	Lifetime
Fibromyalgia	3	Lifetime
Food Allergies	3	Lifetime
Food Cravings	3	Lifetime
Germs, Bacteria & Viruses	3	Lifetime
HeadAche	3	Lifetime
Heart Health	3	Lifetime
Heartburn & Ulcers	3	Lifetime
Hepatitis A	3	Lifetime
Hepatitis C	3	Lifetime
Herbs for Menopausal Women	3	Lifetime
High Fat/High Protein Diets	3	Lifetime

HIV/AIDs	3	Lifetime
Humor Healing	0	Denied
Hypertension	3	Lifetime
Inflammation	3	Lifetime
Insulin Connection	3	Lifetime
Irritable Bowel Syndrome	3	Lifetime
Knee Pain	3	Lifetime
Learning Disabilities	3	Lifetime
Left & Right Handedness	0	(Denied)
Living to Be 100	4	Lifetime
Loss of Control	3	Lifetime
Low Back Pain	3	Lifetime
Low Carb Diets	3	Lifetime
Malpractice	3	Lifetime
Medical Ethics	3	Lifetime
Meditation	0	(Denied)
Memory & Amnesia	3	Lifetime
Memory Loss & Forgetfulness	3	Lifetime
Mild Brain Injury	3	Lifetime
Music & the Brain	0	(Denied)
Neck & Shoulder Pain	3	Lifetime
Neurotransmitters	3	Lifetime
Non-HIV/AIDs: STDs	3	Lifetime
Non-Traditional Approaches	3	Lifetime
Nutri-genomics	3	Lifetime
Obesity & Hormones	3	Lifetime
Obesity & Low Fat Diets	3	Lifetime
Omega-3 Fatty Acids	3	Lifetime
On Loss & Grief	3	Lifetime
Over the Counter Pain Medication	3	Lifetime
Paradise Regained	3	Lifetime
Parkinson's Disease & ALS	3	Lifetime
Pediatric Nutrition	4	Lifetime
Pharmacological Interventions	3	Lifetime
Poles Apart	3	Lifetime
Positive Psychology	3	Lifetime
Psychotherapy & Emotional Healing	3	Lifetime
Reducing Stress	3	Lifetime
Rx for Women	3	Lifetime
Snacking	3	Lifetime
Some Nerve	3	Lifetime
Splitting the Brain	3	Lifetime
Stem Cell Research	0	(Denied)
Stimulants	3	Lifetime
Stop Gaining Weight	6	Lifetime

Stop Losing Sleep	3	Lifetime
Stress & Depression	3	Lifetime
Stress & Eating	3	Lifetime
Stroke	3	Lifetime
Successful Aging	4	Lifetime
Sugar, Sugar	3	Lifetime
Taste & Smell	0	(Denied)
The Common Cold & Flu	3	Lifetime
The Creative Brain	3	Lifetime
The Healing Power of Sleep	5	Lifetime
The Hungry Brain	5	Lifetime
The Pain Mutiny	3	Lifetime
The Pain Truth	3	Lifetime
The Power of Calcium	3	Lifetime
The Power of Walking	3	Lifetime
The Psychology of Aging	3	Lifetime
Thyroid Disorders	3	Lifetime
Topic of Cancer	3	Lifetime
Types of Pain and Pain Pathways	2	Lifetime
Under the Influence	3	Lifetime
Understanding Anger	0	(Denied)
Understanding Anxiety	3	Lifetime
Understanding Emotions	3	Lifetime
Virus Alert	3	Lifetime
Vitamin C, E, & Folic Acid	3	Lifetime
Vitamin D: Vitamin, Hormone & Protector	3	Lifetime
Water, Thirst & Dehydration	0	(Denied)
Weight Perfect	6	Lifetime
Wide Bodies	3	Lifetime
Women's Health & Physical Fitness	3	Lifetime
Women's Health Update: Mood Swings	3	Lifetime
Women's Health: Chronic Pain	3	Lifetime
Women's Health: Depression	3	Lifetime
Women's Health: Insomnia	3	Lifetime
Women's Health: Menopause	3	Lifetime
Women's Health: Migraines & Headaches	3	Lifetime