

THE ALBAMA BOARD OF SOCIAL WORK EXAMINERS

This board would accept INR's homestudy courses offering ASWB approval. The courses below have been reviewed and approved by the Alabama Board of Social Work Examiners.

Title	Hours	Approval Status
Addiction	3	Approved
ADHD In Adults	3	Approved
Anti-Anxiety Drugs	3	Approved
Autoimmune Disease	3	Approved
Brain & Stress	3	Approved
Caring For Patients w/Alzheimer's & Other Dementias	3	Approved
Caring for the Caregiver	3	Approved
Cognitive Behavioral Therapy	3	Approved
Eating Disorders	3	Approved
Emotional & Social Intelligence	3	Approved
Emotions, Moods & Pain	3	Approved
Fibromyalgia	3	Approved
Food Cravings	3	Approved
Hospice & Palliative Care	3	Approved
Humor & Healing	3	Approved
Keeping Balance & Preventing Falls	3	Approved
Loss of Control	3	Approved
Major Depression & Bipolar Disorder	4	Approved
Non-Traditional Approaches	3	Approved
Omega-3 Fatty Acids	3	Approved
On Loss & Grief	3	Approved
Paradise Regained	3	Approved
Poles Apart	3	Approved
Positive Psychology	3	Approved
Psychology of Aging	3	Approved
Psychology of Bullying	3	Approved
Psychology of Relationships	4	Approved
Psychotherapy & Emotional Healing	3	Approved
Reducing Stress	3	Approved
Social Anxiety	3	Approved
Spirituality & Healing	3	Approved
Stimulants	3	Approved
Stroke	3	Approved
Successful Aging	4	Approved
Understanding Anger	3	Approved
Understanding Anxiety	3	Approved
Understanding Chronic Illness	4	Approved
Understanding Emotions	3	Approved
When Someone You Love Has a Mental Illness	4	Approved
Women's Health: Chronic Pain	3	Approved
Women's Health: Depression	3	Approved
Women's Health: Insomnia	3	Approved
Women's Health: Menopause	3	Approved
Women's Health: Migraines & Headaches	3	Approved

Women's Health: Mood Swings	3	Approved
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