

THE ALBAMA BOARD OF SOCIAL WORK EXAMINERS

This board does not accept NASW-approved courses; only approved courses are shown in the chart below.

Updated Jan.5, 2017

Title	Hours	Approval Status
Addiction	3	Approved
ADHD In Adults	3	Approved
Anti-Anxiety Drugs	3	Approved
Autoimmune Disease	3	Approved
Brain & Stress	3	Approved
Caring For Patients w/Alzheimer's & Other Dementias	3	Approved
Caring for the Caregiver	3	Approved
Cognitive Behavioral Therapy	3	Approved
Eating Disorders	3	Approved
Emotional & Social Intelligence	3	Approved
Emotions, Moods & Pain	3	Approved
Fibromyalgia	3	Approved
Food Cravings	3	Approved
Hospice & Palliative Care	3	Approved
Humor & Healing	3	Approved
Keeping Balance & Preventing Falls	3	Approved
Loss of Control	3	Approved
Major Depression & Bipolar Disorder	4	Approved
Non-Traditional Approaches	3	Approved
Omega-3 Fatty Acids	3	Approved
On Loss & Grief	3	Approved
Paradise Regained	3	Approved
Poles Apart	3	Approved
Positive Psychology	3	Approved
Psychology of Aging	3	Approved
Psychology of Bullying	3	Approved
Psychology of Relationships	4	Approved
Psychotherapy & Emotional Healing	3	Approved
Reducing Stress	3	Approved
Social Anxiety	3	Approved
Spirituality & Healing	3	Approved
Stimulants	3	Approved
Stroke	3	Approved
Successful Aging	4	Approved
Understanding Anger	3	Approved
Understanding Anxiety	3	Approved
Understanding Chronic Illness	4	Approved
Understanding Emotions	3	Approved
When Someone You Love Has a Mental Illness	4	Approved
Women's Health: Chronic Pain	3	Approved
Women's Health: Depression	3	Approved
Women's Health: Insomnia	3	Approved
Women's Health: Menopause	3	Approved
Women's Health: Migraines & Headaches	3	Approved

