

This course is sponsored by the Institute for Natural Resources (INR). INR is a non-profit, scientific organization dedicated to research and education in the fields of health and medicine. INR has no ties to any commercial organizations, does not solicit or receive any grants or gifts from any source, and has no connections with any religious, food, food supplement, or political entity.

Target Audience: Nurses, Pharmacists, Dietitians, Social Workers, Mental Health Professionals, Occupational Therapists, Physical Therapists, and allied Health Professionals. *Please refer to the table below for the organizations that have approved the Institute for Natural Resources as a sponsor of continuing education.*

Level of instruction: Intermediate


ACCREDITATIONS

Professional Groups Accrediting Organizations


Registered Nurses, Licensed Practical Nurses, & Licensed Vocational Nurses
Expiration Date
 ANCC - 07/2019
 CA Board of Nursing - 02/28/2021

Institute for Natural Resources (INR) is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.
 California Board of Registered Nursing (#CEP06136)
 Illinois Board of Nursing (#236-000045)
 Iowa Board of Nursing (#288)
 Florida Board of Nursing (#FBN2139)
 Kansas Board of Nursing (#LTO140-0927)

Dentists, Dental Hygienists, & Registered Dental Assistants
Expiration Date
 AGD PACE - 05/31/2020
 Dental Board of CA - 01/31/2020

 INR is designated as an Approved PACE Program Provider by the Academy of General Dentistry. The form all continuing dental education programs of this program provider are accepted by AGD for Fellowship, Mastership, and membership maintenance credit. Approval does not imply acceptance by a state or provincial board of dentistry or AGD endorsement. The current term of approval extends from 06/01/2016 to 05/31/2020. Provider ID#211750
 INR is approved by Dental Board of California (#2089).

Pharmacists
Expiration Date
 03/19/2021

 The Institute for Natural Resources (INR) is accredited by the Accreditation Council for Pharmacy Education (ACPE) as a provider of continuing pharmacy education. The ACPE universal activity number (UAN) for this course is 0751-0000-18-010-H04-P. This is a knowledge-based CPE activity. [Release date: 03/19/2018]
 To obtain the 3 hours of credit (0.3 CEU) associated with this course, the pharmacist will need to complete and submit the following forms:
 1) Program evaluation form
 2) Post-Test (70% passing score)
 3) Registration form

Registered Dietitians (RDs), Dietetic Technicians, Registered (DTRs)
Expires 2019
Activity Number: 106878
Suggested Learning Codes: 5080, 5090, 9010, 5100

INR, under Provider Number IN001, is a Continuing Professional Education (CPE) Accredited Provider with the Commission on Dietetic Registration (CDR). Registered dietitians (RDs) and dietetic technicians, registered (DTRs) will receive 3 hours worth of continuing professional education units (CPEUs) for completion of this program/materials. Continuing Professional Education Provider Accreditation does not constitute endorsement by CDR of a provider, program, or materials. CDR is the credentialing agency for the Academy of Nutrition and Dietetics (AND).

Occupational Therapists & Occupational Therapy Assistants (OTs, OTAs)
Expiration Date
 08/20/2020

INR is an AOTA Approved Provider of continuing education, Provider #5347. INR has assigned 0.3 AOTA CEUs for this course. The classification for this course is OT Process. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA.

You may wish to check with your own licensing board to determine whether the accreditations listed are acceptable to your board.

INR HOME-STUDY COURSE #2720

"KEEPING BALANCE & PREVENTING FALLS - 3RD EDITION"

CONTINUING EDUCATION CREDIT: 3 CONTACT HOURS

To receive credit for this course, you must:

- 1) Complete the Examination on page 46 and achieve a passing score of 85% (Social workers need a passing score of 80%).
- 2) Clearly fill out **Answer Sheet, Evaluation, and Registration Form** on page 47.
- 3) Mail the Answer Sheet, Evaluation, and Registration Form to:
 INR
 P.O. Box 5757
 Concord, CA 94524-0757

Only the original Examination, Evaluation forms can be accepted without additional fee. Photocopies are accepted only if accompanied by the appropriate processing fee. The fee to process photocopies of tests is \$15 for U.S. or Canadian residents. *Please note that credit will not be issued for photocopies submitted without payment.*

Three-day turn-around: Within three business days of the receipt of your Examination and Evaluation, INR will send you a certificate verifying your completion of the course.

Submission Deadline: INR recommends that you submit the materials at your earliest convenience and by the *expiration date* noted for each profession.

Refund Policy: Refunds are given for all unopened home-study packages that are returned in good condition within one year of the date of purchase. If a package has been opened, an exchange can be made, but no refunds will be issued.

ADA Policy: For American Disability Act (ADA) accommodations or for our grievance policy, please send the written request by email to: info@inrseminars.com.

If you have any questions about deadlines, or questions about a home-study course, please contact INR at 1-800-229-4997 or info@inrseminars.com. You can also visit our website at www.inrseminars.com. *Thank you!*

ABOUT THE AUTHOR

DR. MICHAEL HOWARD is a board-certified clinical neuropsychologist and health psychologist who is an internationally-recognized authority on brain-behavior relationships, traumatic brain injury, dementia, stroke, psychiatric disorders, aging, forensic neuropsychology, and rehabilitation. During his 30-year career, Dr. Howard has been on the faculty of three medical schools, headed three neuropsychology departments, and directed treatment programs for individuals with brain injury, stroke, dementia, addiction, chronic pain, psychiatric disorders, and other disabilities. He currently lectures throughout the United States and abroad on these topics and on his current areas of research, which include life expectancy and successful aging, disease prevention, physical and mental fitness, and stress management. His most recent book is *Living To Be 100*. Dr. Howard currently resides in Texas and is a consultant lecturer, author, and researcher for the Academy of Biotechnology, Institute for Natural Resources, and Biomed General Corporation.



Every instructor is either a compensated employee or independent contractor of INR.